

JUNE 2016

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ARNOLD F. HABIG COMMUNITY CENTER

OLDER AMERICANS

1301 St. Charles Street, Jasper, IN 47546

Phone: 812-482-4455

Web Site: www.jasperindiana.gov

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 9:00-10:30 Free Computer Assistance 11:00 Water Aerobics 12:30 Mah Jongg 12:30 Tripoley	2 9:00 Exercise Class 9:45 Exercise Class 12:30 Cinch Tourney 3:00 Money Due Horseshoe Trip	3 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Hand & Foot	4
5 Center Open 1-4	6 9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:30 Phase 10 3:00 RSVP Lunch Bunch	7 10:00 Tender Loving Crafts 11:15 Blood Pressure Checks 12:00 BINGO	8 7:30 Sign Up Ellis Park 9:00-10:30 Free Computer Assistance 11:00 Water Aerobics 12:30 Mah Jongg 12:30 Dominoes	9 9:00 Exercise Class 9:45 Exercise Class 12:30 Rum Tourney 12:30 Book Club	10 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Pay Me	11
12 Center Open 1-4	13 9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:30 Golf	14 10:00 Tender Loving Crafts 11:00 Lunch Bunch 12:30 Hearts 12:30 Scrabble	15 9:00-10:30 Free Computer Assistance 11:00 Water Aerobics 12:30 Mah Jongg 12:30 Phase 10 3:00 RSVP Catered Meal	16 9:00 Exercise Class 9:45 Exercise Class 12:30 Sheephead Tourney 12:30 Hand & Foot	17 8:30 Mah Jongg 10:00 Singing Seniors at Scenic Hills 12:30 Dominoes 3:00 RSVP Boomerama	18
19 Center Closed Fathers Day!!	20 9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:00 Boomerama 12:30 Tripoley	21 10:00 Tender Loving Crafts 11:15 Blood Pressure Checks 12:00 BINGO	22 9:00-10:30 Free Computer Assistance 11:00 Water Aerobics 12:00 Catered Meal 12:30 Mah Jongg 12:30 Pay Me	23 9:00 Exercise Class 9:45 Exercise Class 12:30 Euchre Tourney	24 7:30 Signup for Baseball Trip 8:30 Mah Jongg 10:00 Singing Seniors 12:30 Golf	25
26 Center Open 1-4	27 9:00 Exercise Class 9:45 Exercise Class 11:00 Water Aerobics 12:30 Texas Holdem	28 9:00 Leave JHS for Horseshoe Casino 10:00 Tender Loving Crafts	29 9:00-10:30 Free Computer Assistance 11:00 NO Water Aerobics 12:30 Mah Jongg 12:30 Hearts	30 9:00 Exercise Class 9:45 Exercise Class 12:30 Rum Tourney		

JUNE HOMEBOUND 2016

THANK YOU FOR YOUR DONATION. PLEASE ASK THE DELIVERER FOR DONATION ENVELOPES WHEN YOU RUN OUT.

Dubois, Daviess, Martin, Pike, GENERATIONS NUTRITION, Menu subject to change without notice. Meals served with milk and margarine. Phone number for meals (812)367-2990

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Chicken & Rice Broccoli Hot Spiced Pears Wheat Bread	2 Pork BBQ Baked Beans German Potato Salad Applesauce Bun	3 Chef Salad Hard Boiled Eggs Mandarin Oranges Honey Bun Crackers/Dressing	4
5	6 Ham & Beans Cornbread Peas & Carrots Oatmeal Pie	7 Parmesan Chicken Yam Patties Winter Blend/Vegetables Grape Juice Wheat Bread	8 Salisbury Steak/Gravy Mashed Potatoes Green Beans Pudding Wheat Bread	9 Chicken & Dumplings Brussel Sprouts Carrots Raisins Wheat Bread	10 Cheese Omelet Stewed Tomatoes Hashbrowns Orange Juice Wheat Bread	11
12	13 Hot Dog Baked Beans Sauerkraut Pineapple Bun	14 Smokey Riblets Corn Broccoli Granola Bar Wheat Bread	15 Chicken & Gravy Mashed Potatoes Green Beans Cranberry Juice Wheat Bread	16 Breakfast Bake Hot Apples Biscuits Cookie Wheat Bread	17 Chicken Salad Peaches Three Bean Medley Potato Chips Wheat Bread	18
19	20 Country Fried St/Gravy Mashed Potatoes Vegetable Blend Mandarin Oranges Wheat Bread	21 Breaded Cod Mixed Vegetables Diced Potatoes Grandma's Cookies Bun	22 Chili Hot Applesauce Crackers PBJ Sandwich	23 Beef Stew Corn Biscuits Fruit	24 Teriyaki Chicken Sliced Potatoes Butter Beans Pears Wheat Bread	25
26	27 Meatloaf Mashed Potatoes Corn Cookie Wheat Bread	28 BBQ Chicken Winter Blend Vegetables Cheese Potatoes Grape Juice Wheat Bread	29 Lasagna Roll Up Corn Spiced Peaches Wheat Bread	30 Sausage Gravy Hashbrowns Biscuits Orange Juice Cookie		

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equals a mile. Monday - Friday from 8 a.m. until 3:45p.m.



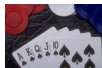
- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 Mile. It is a good path for exercise and you can enjoy the warm weather as you walk.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL :** Pool tables are available Monday, Tuesday, Thursday & Friday from 8 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



**RAINBOW MESSENGER
JUNE, 2016**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. Ryan is here to assist you every Wednesday from 9-10:30 a.m. to answer your questions regarding computers. We also have wireless internet if you have questions about your laptop, Kindle or Ipad.



REGULAR SCHEDULED ACTIVITIES

- **TLC CLASS (Tender Loving Crafts)** Betty Hoffman craft coordinator and the other crafters would love for you to join the T.L.C. craft class that meets every **Tuesday morning from 10 to 12.** Come in and see the well equipped arts & crafts room. The small studio fee is \$3.00 per session and class participants may purchase project supplies at 50% off cost. Class is fun and educational and a super way to meet new friends.



June 7 - Rock Art (Floral)
June 14 - Stencil Art
June 21 - Necklace Extenders
June 28 - "Catch Up"

- **SINGING SENIORS:** Meet Friday mornings at 10 a.m. at The Habig Center. They will be singing at Scenic Hills on Friday, June 17th at 10:00 am



- **BINGO:** We will play at **12 p.m.** on **Tuesday, June 7th and June 21st.** We ask you to keep bills to \$5's and under as we pay out 100% and do not have change. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m.

*****You may want to bring a sweater or jacket, it sometimes gets cool.**

B I N G O				
7	25	44	57	62
15	22	40	50	70
11	30	46	74	
2	28	37	55	68
10	27	39	59	75



- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at **11:15 a.m. on Tuesday, June 7th and June 21st.**

- **EXERCISE CLASS:** Every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!

- **EXERCISE CLASS** For more of a challenge, come in at **9:45 a.m. on Monday and Thursday mornings** for a group exercise. It is a great way to get your heart pumping. A staff member is with the group and will help guide you as you go at your own pace.



CARD TOURNEYS



- **Thursday, June 2nd**
Cinch Tourney
- **Thursday, June 9th**
Rum Tourney
- **Thursday, June 16th**
Sheephead Tourney
- **Thursday, June 23rd**
Euchre Tourney
- **Thursday, June 30th**
Rum Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and paid back to the 1st, 2nd & 3rd place. **Please sign-up by 10:00 a.m.** the morning of the Tourney you are playing in.

- **TEXAS HOLDEM:** Will be played **Monday, June 27th at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives the cash prize. **Reservations are due by 10 a.m. the morning you play.**
- **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. on Wednesday, June 8th and Friday, June 17th.** It is a fun game that is easy to learn. Everyone is welcome! **Please call in by 10 a.m. if you are coming in to play.**

RAINBOW MESSENGER

- **PAY-ME:** A game similar to Rum but played with 3 decks of cards, including the jokers will be played **at 12:30 p.m. Friday, June 10th and Wednesday, June 22nd.** **Please call in by 10 a.m. if you are coming in to play.**

- **TRIOLEY:** Bring your pennies to play Tripoley at **12:30 p.m. on Wednesday, June 1st and Monday, June 20th.** We have a lot of fun! **Please call in by 10 a.m. if you are coming to play.**



- **SCRABBLE:** How about a little challenge? Come in to play Scrabble at **12:30 p.m. on Tuesday, June 14th.** **Please call in by 10 a.m. if you are coming to play. (We will not have Scrabble on Tuesday, June 28th due to the Horseshoe Trip)**

- **PHASE-10:** Will be played Monday, June 6th and Wednesday, June 15th at **12:30 p.m.** It is a fun easy card game, **Please call in by 10:00 a.m. if you are coming to play.**

- **HEARTS:** We will play at **12:30 p.m. on Tuesday, June 14th and Wednesday, June 29th.** This game is easy to learn and very enjoyable. **Please call in by 10:00 a.m. if you are coming to play.**

- **GOLF:** The card game will be played **Monday, June 13th and Friday, June 24th at 12:30 p.m.** Four to six players can play before adding another deck. Low score wins the game. If you've played it before come in and join the fun, if this is your first time I'm sure you'll enjoy playing. **Please call in by 10:00 a.m. if you are coming to play.**

- **HAND AND FOOT:** A 2 handed, game of Hand and Foot Canasta. It's played individually with 1 deck per person plus 1 extra deck and all jokers. Join us **Friday, June 3rd and Thursday, June 16th at 12:30 p.m.** **Please call in by 10:00 a.m. if you are coming to play.**

- **PUZZLES:** We have one on the table for anyone who would like to help. Put a few pieces together in passing or sit for awhile.

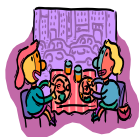
- **MAH JONGG:** Originated in China and is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m.** **If you can play on Wednesday, please call in by 10 a.m. to let us know.** New players welcome.

RAINBOW MESSENGER

SPECIAL ACTIVITIES

ALL TRIPS AND ALL ACTIVITIES ARE ONLY FOR DUBOIS COUNTY RESIDENTS 55 YEARS AND OLDER. WHEN SIGNING UP FOR TRIPS, ONLY 4 INDIVIDUALS PER SIGN UP.

- **LUNCH BUNCH:** Join us at El Tapatio Restaurant (in the old Los Bravos Building), on Tuesday, June 14th at 11:00 a.m. They have lunch specials or you can select items from the menu. As always the meal is "dutch treat". Reservations are due by 3:00 p.m. Monday, June 6th. Come enjoy good food and visit with friends.



CATERED MEAL: Join us for a meal catered by Catering by Meyer on Wednesday, June 22nd at 12:00. The menu will be: Pulled BBQ Pork, Bun, Onions, Dill Spears, AuGratin Potatoes, Green Beans, Apple Slices sautéed in Butter, and Unsweetened Iced Tea. Cost of the meal will be \$7.50 payable at the meal. Reservations are due to the Center by 3:00 p.m. on Wednesday, June 15th.

BOOMERAMA: Will be held Monday, June 20th at 12:00. The speaker will be Joan Knies. She is with Chris Connection and will speaking about "The Last Lecture" by Randy Pausch. Come hear her interesting topics. There is a \$5.00 charge to cover the cost of the optional lunch. Reservations are due by 3:00 p.m. on Friday, June 17th.

- **BOOK CLUB:** On Thursday, June 9th at 12:30 p.m. We will be discussing "The Final Confession of Mabel Stark" by Robert Hough. The July book will be "Ordinary Grace" by William Kent Krueger. Set in New Breman, Minnesota in Summer of 1961, Frank Drum was just 13 at the time living with his family. Things happened that would change his world forever that summer. Now 40 years later Frank has decided to tell us the mystery of that summer. Come in and give us your opinion of the book. New members are always welcome. (Meet in the library at the Center)



- **WATER AEROBICS:** Jasper Municipal Pool every Monday & Wednesday morning at 11 a.m. The cost of the 45 minute class is \$4.00 per person, or a swim ticket.



- **BIRTHDAY & ANNIVERSARY:**

We will no longer be publishing birthday and anniversaries in the newsletter. If you would like your birthday and/or anniversary to appear on the bulletin board at the Center, please let the staff know the month and day. Thank you!!

- **BOOK SHELF:** The books have been moved downstairs to The Habig Room. Thanks to the generosity of so many, we have a great selection of books for you to borrow.



- **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

- Free beginner and intermediate bridge lessons. Call Cindy Kluemper at (812)482-3299 or Mary Ann Seng at (812)482-1101

TRIPS

****There is a \$25.00 charge for all returned checks****

NOTICE—Change

Our trips will be leaving from the southern part of the main lot at Jasper High School for our June and July trips. This is the lot closest to the woods. We will move back to the Armory starting with the August Trip.

HORSESHOE CASINO Tuesday, June 28th

On June 28th we are going to Horseshoe Casino. We will leave from the Jasper High School parking lot at 9:00 a.m. We will pick up at the Huntingburg Methodist Church at 9:15 and at Wendy's in Ferdinand at 9:30. You will receive \$5.00 in free play and a \$15.00 food voucher. Cost of the trip is \$26.25 for transportation. Money due Thursday, June 2nd. Please provide your total rewards card number or address and date of birth when you pay to receive free play and meal credit. Sign ups were on Tuesday, May 3rd. Be sure to bring your government issued I.D. on the trip to get your gifts and for any "big" winnings!

ELLIS PARK TRIP Friday, July 29th

On Friday, July 29th we are going to Ellis Park. We will leave from the Jasper High School parking lot at 11:00 a.m., with pick up at the Huntingburg Methodist Church at 11:15 upon request. Cost of the trip will be \$56.25 and includes transportation, buffet, race schedule, and reserved seating in the air conditioned Sky Theatre. Sign ups start by phone at 7:30 on Wednesday, June 8th. Money is due the center by 3:00 on Friday, July 1st.

CINCINNATI REDS GAME Thursday, August 4th

On Thursday, August 4th, join us to watch the Cincinnati Reds take on the St. Louis Cardinals at the Great American Ball Park. The game starts at 12:45. The bus will leave the Jasper Armory at 7:45 a.m. Cost of the trip is \$78.00 which includes transportation and game ticket in Section 132 near the Reds Dugout. Food will be on your own and a stop will be made in Corydon on the way home as we have in the past. Sign ups will be, Friday, June 24th at 7:30 a.m. Money is due to the center by 3:00 on Friday, July 8th.

FUTURE TRIPS PLANNED:
Patti's Restaurant & Badgetts Playhouse in August
Derby Dinner Playhouse in September
Covered Bridge Festival in October
Casino trip in November
Derby Dinner Christmas Show in December



Recipe Exchange

EASY TACO SALAD

Ingredients:

- 1 pound ground beef
- 1 package (1-1/4 ounces) taco seasoning
- 1 medium head lettuce, shredded
- 2 medium tomatoes, seeded and chopped
- 1 cup bottled Catalina dressing
- 4 to 5 cups corn chips, crushed
- 2 cups (8 ounces) shredded cheddar cheese

Directions: In a skillet, brown ground beef; drain well. Stir in taco seasoning. Combine beef, lettuce, tomatoes, dressing, corn chips and cheese in a large serving bowl; toss well to mix. Serve immediately.
Yield 6-8 servings.

Recipe from Taste of Home.

Have a good recipe to share? We would be happy to publish it.

HUNTINGBURG SENIOR CENTER JUNE 2016

Call the Center at 683-2994 to make reservations for the Card Tourneys held at 12:30 p.m. on **Mondays**. You will enjoy the day!!



There will be Bingo all 5 Wednesdays in June



There are over 400 books on hand for your reading pleasure including: love, inspirational and suspenseful books plus books by authors: Zane Grey, John Grisham, James Patterson, Mary Higgins Clark, Sidney Sheldon, Danielle Steel, Fern Michaels and others



The Huntingburg Senior Center now has games and activities available for those who don't play cards.

Battleship	Boggle	Skip-Bo
Chinese Checkers	Dominoes	Uno
Mastermind	Monopoly	Sorry
Rummikub	Left, Right, Center	
Yahtzee	Puzzle books	
Sudoku	Left, Right	

Deer in the Headlights - A card & dice game.
Several have learned to play this and really enjoy it.

Boggle - A word game using scrambled letters and a timer.

Electronic dart board & a mini 9-hole golf to practice your putting skills.

****We have games scheduled for most days but you are free to do what ever interests you. You do not have to play the game of the day.****

Puzzle: We have one started, come in and help put it together!



CARRY-IN LUNCH

Thursday, June 9 and June 23. Enjoy a delicious lunch with friends followed by cards & games if you choose to stay. Please bring a favorite dish to share. Bring a friend!



**** Get your Blood Pressure Checked****

**Wednesday, June 8th from
12:30 - 1:00 p.m.**



Join THE SENIOR FUN GROUP every Tuesday and Friday at 1:00 at Breakway Lanes, 104 E 13th Street, Huntingburg. Bowl 3 games for \$7.35 plus cost of shoes. Free coffee and popcorn.



JUNE BIRTHDAYS

Mag Medcalf	June 1
Susie Stemle	June 8
Rosie Schaefer	June 17
Linda Miller	June 24
John Kiefer	June 24

JUNE 2016



HUNTINGBURG SENIOR CENTER
309 N Geiger St
Huntingburg IN 47542
812-683-2994
Rita: 812-309-9576

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10:00 Dominoes 1:00 BINGO Sponsor: HLS 2:00 Cards & Games	2 10:00 Crafts w/Michelle 1:00 Cards & Games	3 1:00 Bowling	4
5	6 12:30 Cinch Tourney Sponsor: Brookside	7 1:00 Bowling	8 12:30 Blood Pressure Checks 1:00 BINGO Sponsor: The Timbers 2:00 Cards & Games	9 12:00 Carry In Lunch Sponsor: St Charles 1:00 Cards & Games	10 1:00 Bowling	11
12	13 12:30 Euchre Tourney	14 1:00 Bowling	15 10:00 Sorry 1:00 BINGO Sponsor: Scenic Hills 2:00 Cards & Games	16 1:00 Cards & Games	17 1:00 Bowling	18
19 Happy Fathers Day!!!	20 12:30 Cinch Tourney Sponsor: Northwood	21 1:00 Bowling	22 1:00 BINGO Sponsor: The Waters 2:00 Cards & Games	23 12:00 Carry In Lunch 1:00 Cards & Games	24 1:00 Bowling	25
26	27 12:30 Euchre Tourney Sponsor: Willowdale	28 1:00 Bowling	29 10:00 Deer in the Headlights 1:00 BINGO 2:00 Cards & Games	30 10:00 Crafts w/Michelle 1:00 Cards & Games		